

What's In Cigarette Smoke?

Over **4000** Chemicals, Chemical compounds and gasses

Cancer Causing Agents:

Nitosamines

Crysenes

Cadmium

Benzo (a) Pyrene

Polonium 210

Nicckel

P.A.H.s

Dibenz Acidine

B-Napthlyamine

Urethane

N. Nitrosomonicotine

Toluidine

Acetone (nail polish)

Ascetic Acid (vinegar)

Ammonia (toilet cleaner)

Arsenic(poison)

Butane (lighter fluid)

Cadmium (Batteries)

Carbon Dioxide (Exhaust fumes)

DDT (insecticides)

Ethanol (alcohol)

Formaldehyde (embalming fluid)

Hexamine (barbecue lighter)

Hydrogen Cyanide (gas chamber gas)

Methane (swamp gas)

Methanol (rocket fuel)

Napthalene (mothballs)

Nicotine (insecticide-addictive)

Nitrobenzine (Gasoline additive)

Nitrous Oxide Phenols (cleaner)

Stearic Acid(candle wax)

Toluene (industrial solvent)

Vinyl Chloride (PVC ingredient)

Metals:

Aluminum

Zinc

Magnesium

Mercury

Gold

Silicon

Silver

Lead

Titanium

Copper

Children are especially sensitive to these poisons. Exposure to second hand smoke can cause middle ear effusion, decreased lung function, lower respiratory tract infection and increase the intensity of asthma.

Clear Mind Systems

Educational Materials

781-767-5373 www.clearmindsystems.net

